

## DRINKS

### Smoothies

Green Machine - kale, apple, avocado, chia seeds, coconut water

Berry Bomb - mixed berries, banana, chia seeds, coconut water

### Freshly Squeezed Juices

Orange, Apple, Watermelon, Carrot, Celery

### Milkshakes

Chocolate, Vanilla, Strawberry

### Cold Drinks

Iced Chocolate, Iced Coffee

Soft Drinks

Keri Juices

Mount Franklin Water

Powerade

### Hot Drinks

Coffee, Hot Chocolate, Tea  
large, soy, almond

## CROISSANTS/ TOASTIES/ ROLLS

9.5 Toast with Preserves

Plain Croissant

Ham & Cheese Croissant

Cheese Toasty

Ham & Cheese Toasty

Banana Bread

8 Egg & Bacon Roll

### BIRCHER MUESLI

Rolled oats, almond flakes, shredded coconut, sultanas & dried apricots soaked in coconut milk & vanilla yoghurt topped with grated apple

### HOT FOOD

Hot Chips

Nuggets & Chips

Fried Salt & Pepper Calamari & Chips

### WAGYU BURGER

Grilled wagyu beef with cos lettuce, fresh tomato, cheese, pickled gherkins, caramelised onion, relish & special sauce in a warmed milk bun

### FISH & CHIPS

4.5 1 Piece Fish & Chips

.5 2 Piece Fish & Chips

## SALADS

5 FALAFEL SALAD

18 Fried falafels, spinach, pumpkin, feta, sun-dried tomatoes & red onion with tahini yoghurt

18 CHICKEN SALAD

Grilled chicken, spinach, pumpkin, feta, sun-dried tomatoes & red onion with a lemon dressing

20 MISO SALMON SALAD

Miso marinated salmon with mixed cabbage slaw, soba noodles, capsicum & fried shallots with a light pickled ginger soy dressing

## GOURMET PRESSED SANDWICHES

14 VEGETARIAN

Roast pumpkin, spinach, basil pesto, roasted capsicum, tasty cheese & sun-dried tomato on Turkish bread

14 CHICKEN

Poached chicken, basil pesto, tasty cheese, spinach & aioli on Turkish bread

